

Sullivan Middle School students are seeing big improvements in their focus and concentration-and are ultimately spending more time learning in their classrooms-thanks to a new weight room and a half-size outside basketball court made possible through a \$100,000 "Time Out of Learning" grant. The numbers tell the story: The new spaces have reduced the number of time-outs to around 14 per month, for an overall decrease of more than 85%. This video's primary purpose is to showcase how implementing innovative spaces within the school has significantly improved student focus and concentration. By illustrating the positive outcomes of these grant-funded facilities, the video aims to inspire other school leaders to adopt similar approaches that enhance student well-being and academic performance. This video was shared widely with families and staff via news stories on the district website, social media, and the district's e-newsletter. It will continue to be shown throughout the school year on our Comcast Education channel (<https://www.hps.holyoke.ma.us/page/channel-12>) The video supports effective communication by outlining the benefits of finding alternatives to the excessive use of student time-outs. Through interviews with school staff-including insights from Jessica Olivares, a clinical coordinator with the district's Therapeutic Intervention Program-the video provides an understanding of how these new facilities have been integrated into the school's existing social-emotional learning practices. These testimonials promote the success of the program. The outcomes achieved through this initiative are impressive. The video highlights a reduction in student time-outs from approximately 102 per month to an average of 14, marking a decrease of over 85%. This significant improvement underscores the effectiveness of repurposed physical spaces as tools for emotional and energy regulation, ultimately leading to more time spent in productive learning environments. The video serves as an example of the power of intentional design in educational settings, encouraging other school leaders to consider similar strategies to enhance student learning experiences.